

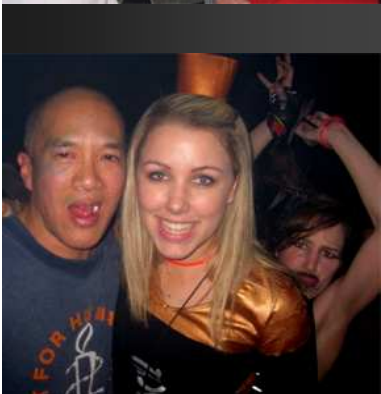
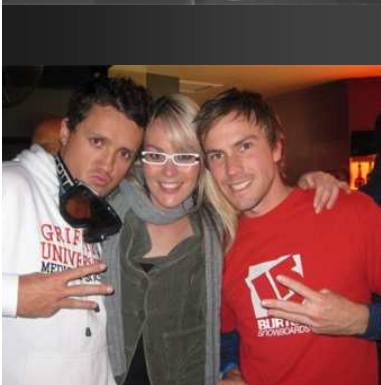


FISTULA

GUMS Newsletter

Sep
2009

Welcome to FISTULA;
your brief quarterly
GUMS update.



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PRESIDENT'S REPORT - Hollie Casey

I've learnt a few things this year and I think that in this edition of Fistula I might pass some of that wisdom on. So you better keep reading, this stuff can't be found in Kumar and Clark or Talley and O'Connor....

1. Frozen dinners - they're ok. They save time and the ads say they're good for me so it must be true.
2. Girls, wash and dry your hair at night, it's 2 hits of the snooze button you'll be grateful for in the morning.
3. Ironing, while it's boring, it's essential for most of us and serves as an excellent procrastination tool.
4. Make your lunch at night, why? See 2 and 3 above. Plus it prevents spending the entire weeks food budget on coffee and cake followed by more coffee and cake an hour later because the first lot wasn't sustainable. It also saves the inevitable purchase of new pants following the consumption of coffee and cake.
5. Boys, I have no tips for you. I'm a girl and have no idea what issues you have. You all seem to consume as much coffee and cake as you like without the pants issues and most of you have short hair.
6. It doesn't matter how much you read about a condition or an examination, you won't remember reading about it the next morning when you're asked about it on ward round. All the details however, will come rushing back to you once you sit down to eat your coffee and cake. By this time, the consultant will bust you sitting on your butt eating it and you'll look a little silly and a lot lazy.

7. When everyone is busy trying to pass exams, the GUMS exec is secretly working away, looking after their fellow students. Coming up we've got a debate, Trivia Night, Finances Evening, Barefoot Bowls, Pink Party, more Guest Speakers, after exam parties and somewhere along the way a new fridge will pop up.

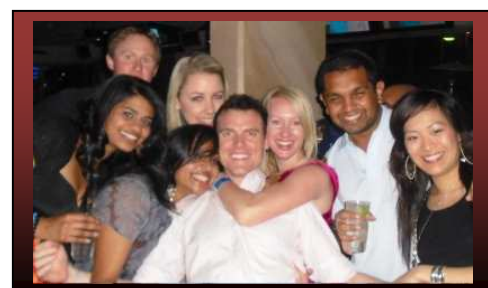
8. Soon, the hard working 2009 exec members will be allowed to rest. That's right people, we've got an election on the way. Stay tuned for updates, we look forward to welcoming a new bunch of GUMlings into the world.

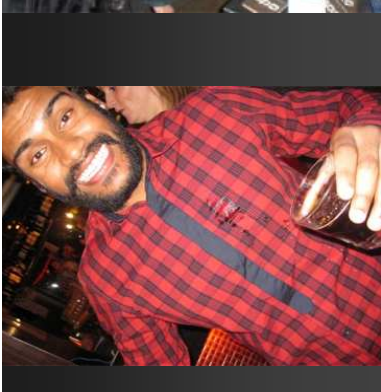
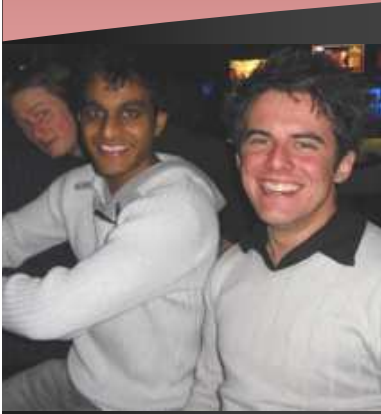
9. Esh has put together an awesome new website, make sure you take a look at it and keep checking it for updates!

Good luck with your studies where ever you are in the degree, it's a stressful time of the year. Make sure you take time to relax, eat well and work off that coffee and cake. Remember that we have our peer mentoring program and peer tutoring program if you need some support. Our friendly exec members are always willing to listen to your troubles and offer advice (or you could use the forum on our lovely new site, did I mention that earlier?).

Until next time,

Hollie Casey
El presidenté





ACADEMIC REPORT - Ben Gerhardy

Howdy Folks! Spring is here. Scary how fast the year goes: 4th years have finished their final exams, have their results, and are currently off trekking around the world on what are no doubt some great elective experiences. 3rd years, at least the ones I've spoken with, are entering into exam hibernation mode as they realise that the >1000 LO's they are supposed to have learnt are all going to be tested in a couple of months. 2nd years are wishing that they had enrolled in a paramedics course instead of medicine, and 1st years are still trying to work out how you should actually go about studying medicine at all...

The last couple of months have seen a few Academic Portfolio developments. The GUMS Professional Speaker Series has been getting stronger and stronger each month: our most recent instalment (Tuesday September 8) on Trauma, Anaesthetics and Pre-Hospital care had a great turnout and a couple of really interesting speakers. The final Professional Speaker Series event for the year is going to be HUGE so I recommend putting this one in the diary early - the topic is 'Overseas Medicine' and will feature speakers from MSF, ADF and also a doctor who runs a clinic for refugees. October 13, 6pm common room/6:30pm 4.07A. Do it.

On Tuesday September 22 we will be hosting the annual GUMS V Bond Debate. It will be kicking off in the evening (provisional time and place are: room 5.26 at 5:30pm, but keep your eye out for confirmation/change flyers around the PBL rooms) and our team is looking strong. We beat Bond last year and it would be great to get a heap of people there to see us continue our winning streak!

But both of these events pale when compared to what will undoubtedly be the biggest GUMS academic event of the year - the 2009 GUMS Futures Evening. On Wednesday October 21 at GH1 will be the biggest collection of career-oriented speakers and exhibitors that you have even been exposed to. I'm talking over a dozen speakers (including colleges, financial advisors, current interns, MDOs, etc) and over 20 exhibitor tables which you are free to browse over the entire evening at your leisure. Keep your eye out as the advertisements start to roll out for this one. It will be awesome.

Finally there are the GUMS elections, which will be very near by the time this goes to print. I'd like to encourage you all to nominate for any role you are interested in - without students being involved in GUMS then

GUMS itself simply wouldn't happen.

That's it from me guys and gals - get back to them textbooks.

Cheers,

Ben Gerhardy
Academic Rep



COMMUNITY PROJECTS - Bonnie McRae

Hey all,

Welcome to the Community report! So since last time I've been busy organising charity days and community events for y'all.

Jeans for Genes day was the 7th August, and through a combination of merchandise sales and yet another lolly-jar guessing game, we managed to raise an amazing \$330.80! So far this year, GUMS has raised \$1462 for charities so thank you everyone who's helped out throughout the year.

Another project I've been working on is a new fridge for the student common room, and I'm pleased to announce that we have finally raised enough cash! Keep an eye on the common room in the week after holidays, because we'll be having the unveiling (and there should be some free Red Bull). Stay tuned for more details in the coming weeks!

Coming up from me in the next few weeks will be a clothing drive for the Salvation Army, a whole wheelbarrow full of prizes to be raffled off, and PINK PARTY! Come along on the 9th October to Shooters to raise funds for the McGrath Foundation, and one lucky, best-dressed attendee will be walking away with a holiday to the Whitsundays! Check out the Oztix or GUMS website for more details.

Take care all.

Bonnie McRae
Community Liaison Officer

SOCIAL REPORT - Matt Marino and Nick Aroney

Hey guys

Well it's been a few months since we last wrote and what a few fun filled months its been. In that time we've had after exam parties, snow parties, cocktail parties, footy matches and a raft of other shenanigans organised by the GUMS team.

Festivities began with the first and second years after exam parties at Shooters and Melbas. Much fun was had as we danced the night away and successfully forgot everything we had learnt in the previous few weeks of Uni. There were sore heads and regrettable memories aplenty the following day(s).

Next on the social calendar was the Romp in the Snow party as all four years of Griffith Med came together for some winter inspired debauchery. CD's was infiltrated with sexy jumpsuits, jumpers, sweaters and skivvies all for a good cause - to raise money and cool our food in the form of a new common room fridge which will be arriving shortly.

In September students were torn between the Tri-Uni Cocktail Party or the AFL match between the Griffith Seamen and Labrador Tigers. Good times were had as Griffith folk got to meet a few of our UQ (and Bond) counterparts up in Brisbane. We hope to have a few more tri-uni events in the future and we encourage everyone to attend. The Labrador Tigers didn't no what hit them when the outrageously talented Griffith Seamen faced them on the fields. Unfortunately, the Tigers were a better team on the night but it was an entertaining evening nonetheless.

Coming up for the rest of the year we have a relaxing Barefoot Bowls afternoon on October 10 and a Pink party on October 9 to raise money for Breast Care nurses. We hope you can all attend and have a bit of fun before the hell that is study-time comes upon us.

Cheers
Matt Marino & Nick Aroney



Continuing Medical Education

- *Cotard delusion* - a psychotic delusion whereby the patient believes that he/she is essentially a walking corpse
- *Sexosomnia* - parasomnia whereby patient engages in sexual activity during REM sleep
- *Aquagenic pruritis*- condition characterised by hypersensitivity to water
- *Faecal encephalopathy* - poo for brains
- Studies have determined the medical spermicidal potency of various top-shelf cola's. The results? No go chief; don't be a fool, wrap your, um, Johnson
 - Ref: Hong CY, Shieh, CC & Chiang BN. (1987). The spermicidal potency of Coca-cola and Pepsi-cola. *Hum Toxicol.* 6(5), 395-396.

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Would you like to contribute an article for the next Fistola (on literally anything - from a year level update to inside jokes from your year) or photos from an event? If so, please contact publications@gums.org.au.